Study Abroad in Cuba - Fall Break 2017

WHAT YOU NEED TO KNOW

October 7 – 14, 2017

- ~Estimated cost: \$1,960 (double) or \$2,350 (single) + airfare (R/T Nashville)
- ~Some scholarship money available up to \$500
- ~3 credit hours- upper division elective
- ~No extra tuition charge- part of your fall course load
- ~Diversify your experiences to help you stand out in your future career

Questions?

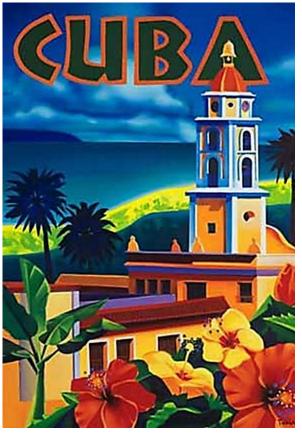
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CETL in Library



IMPORTANT INFORMATION

- Space is limited <u>need verbal</u>
 <u>commitments ASAP</u>
- ~ Apply in Study Abroad Office in Library
- \$299 non-refundable deposit required with commitment
- Payment due August 30, 2017
 (45 days before departure)
- Must have valid passport

The Study Abroad Office will help you with applying and with financing your trip.

INCLUDED IN TOUR COST:

- All taxes
- Airport transfers to and from in Havana
- ~ Hotels
- ~ Welcome cocktail & orientation
- Meals as per itinerary
- All activities, services, speakers, meetings (excluding those noted as "optional" or "not included")
- Transportation in Cuba
- English-speaking guide & translator
- Mandatory official Cuban medical insurance coverage
- ~ Emergency collect call access
- Emergency cash advances if complications occur

NOT INCLUDED IN TOUR COST:

- Airfare costs to & from Havana
- Cuban Tourist Card
- ~ Gratuities
- ~ Passport costs
- Spending money

Help our students – Donate to the trip at https://www.razoo.com/story/Kwc-Cuba

INS 209 International Studies (3 credits)

Coursework includes pre-departure and return activities, as well as reflection and observation during the trip.

Course can count for MultiCultural General Education requirement.

Itinerary

DAY 1-SATURDAY OCTOBER 7

Hello Cuba! (dinner)

- Arrival at Havana's José Martí International Airport
- Bus tour of Havana (Capitol, Revolution Square, Malecón Seawall, University of Havana, Vedado neighborhood and more
- Private check-in with assistance from your guide - Hotel Four Points Sheraton
- Welcome dinner at at Mediterraneo Havana restaurant

DAY 2- SUNDAY OCTOBER 8

Exploring Old Havana & Our Common Heritage

(breakfast, lunch, dinner)

- National Museum of Fine Arts of Havana
- Group lunch at El Templete Restaurant
- A walking tour of Old Havana (Cathedral Square, Square of Arms, Palacio de los Capitanes Generales, Palacio del Segundo Cabo, San Francisco Square, Plaza Vieja)
- Presentation "Cuban Society Today" at Hotel Florida
- Dinner at Condel Del Castillo
- Evening Highlight: El Cañonazo the Firing of the 9PM Cannon at the Fortress of San Carlos de la Cabaña

DAY 3- MONDAY OCTOBER 9

Las Terrazas (Day Trip)

(breakfast, lunch)

- Visit Las Terrazas eco-community in Candelaria, a UNESCO Biosphere Reserve
- Visit Cafetal Buena Vista, ruins of an ancient coffee plantation run by African slaves
- Lunch at open-air restaurant Casa del Campesino
- Meet with local artist and discuss their work
- Return to Havana
- Dinner on your own

DAY 4-TUESDAY OCTOBER 10

Urban Agriculture/ Arts & Comunity Projects (breakfast, lunch)

- Visit UBPC Vivero Organopónico Alamar, urban organic cooperative farm
- Lunch at private restaurant El Ajiaco

- Visit Cojímar, fishing village, Hemingway fav
- Visit La Lavanderia, converted laundromat, now workshop, gallery for artists
- Visit Muraleando, art center for children
- Dinner at Decameron private rrstaurant (not included)

DAY 5- WEDNESDAY OCTOBER 11

Historic Cienfuegos & Trindad de Cuba (Overnight trip)

(breakfast, lunch, dinner)

- Early departure for Cienfuegos and Trinidad City
- Bus tour of city of Cienfuegos
- Lunch at Villa Lagarto
- Check in at Hotel Costa Sur
- Dinner in hotel included

DAY 6- THURSDAY OCTOBER 12

UNESCO World Heritage

(breakfast, lunch, dinner)

- Walking tour of Trinidad
- Visit a family-run pottery factory.
- Visit the Valle de los Ingenios where once Sugar Mills stood
- Return to hotel for lunch (included)
- Free afternoon to explore environs and enjoy the beach
- Dinner in hotel (included)

DAY 7- FRIDAY OCTOBER 14

Mountaintop Excursion in Soviet Army Trucks

(breakfast, lunch, dinner)

- Visit Topes de Collantes in the Escambray Mountains in Soviet Army Trucks.
- Visit Hacienda Codina, a Spanish coffee plantation
- Lunch at Hacienda Codina (included)
- Return travel to hotel in Havana
- Farewell dinner at El Zaguan private restaurant

DAY 8-SATURDAY OCTOBER 14

Havana / Return to US

(breakfast)

 Transfer to José Martí International Airport for flights home