

# Health Benefits Plan A: Kentucky Wesleyan College

Coverage Period: 09/01/2016-08/31/2017

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual & Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.anthem.com](http://www.anthem.com) or by calling 1- 877-309-2955.

| Important Questions                                       | Answers   | Why this Matters:   |
|---|---|---|
| What is the overall <u>deductible</u> ?                   | Per Calendar Year – <b>PPO</b> or <b>Non-PPO</b> \$800 person/\$2,400 family. <b>Deductible</b> waived for: <b>PPO</b> preventive care        | You must pay all costs up to the <b>deductible</b> amount before this <b>plan</b> begins to pay for covered services you use. Check your plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .  |
| Are there other <u>deductibles</u> for specific services? | No  | You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.  |
| Is there an <u>out-of-pocket limit</u> on my expenses?    | Yes, per calendar year.<br><b>PPO</b> - \$3,200 per person/<br>\$9,600 per family <b>Non-PPO</b> -<br>\$5,600 per person/ \$16,800 per family | The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| What is not included in the <u>out-of-pocket limit</u> ?  | <b>Premiums, balance-billed charges</b> , health care this <b>plan</b> doesn't cover, and penalties for non-compliance                        | Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .  |
| Does this plan use a <u>network of providers</u> ?        | Yes. For a list of PPO Providers see <a href="http://www.anthem.com">www.anthem.com</a> or call ARC Administrators at 877-309-2955.           | If you use a <b>PPO</b> doctor or other health care provider, this <b>plan</b> will pay some or all of the costs of covered services. Be aware, your <b>PPO</b> doctor or hospital may use a <b>Non-PPO</b> provider for some services. Plans use the term <b>in-network, preferred</b> , or <b>participating providers</b> in their network. See the chart starting on page 2 for how this <b>plan</b> pays different providers. |
| Do I need a referral to see a <u>specialist</u> ?         | No  | You can see the <b>specialist</b> you choose without permission from this plan.   |
| Are there services this plan doesn't cover?               | Yes   | Some of the services this plan doesn't cover are listed on page 5. See your policy or <b>plan</b> document for additional information about <b>excluded services</b> .  |

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **preferred providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common Medical Event  | Services You May Need   | Your Cost If You Use an In-network Provider | Your Cost If You Use an Out-of-network Provider | Limitations & Exceptions  |
|---|---|---|---|---|
| If you visit a health care <u>provider's</u> office or clinic | <u>Primary care physician</u> visit to treat an injury or illness | \$25 <b>copay</b>                           | 40% <b>coinsurance</b>                          | <b>PPO</b> – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after <b>deductible</b> |
|   | <u>Specialist</u> visit   | \$25 <b>copay</b>                           | 40% <b>coinsurance</b>                          | <b>PPO</b> – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after <b>deductible</b> |
|   | Preventive care/screening/immunization                            | 0% <b>coinsurance</b>                       | Not Covered                                     |   |
| If you have a test  | Diagnostic test (x-ray, blood work)                               | 20% <b>coinsurance</b>                      | 40% <b>coinsurance</b>                          |   |
|   | Imaging (CT/PET scans, MRIs)                                      | 20% <b>coinsurance</b>                      | 40% <b>coinsurance</b>                          |   |

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| Common Medical Event   | Services You May Need   | Your Cost If You Use an In-network Provider  | Your Cost If You Use an Out-of-network Provider  | Limitations & Exceptions   |
|--|---|--|--|--|
| <b>If you need drugs to treat your illness or condition</b><br><br>More information about <b>prescription drug coverage</b> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a> | Generic drugs   | Retail – 20% of prescription cost<br><b>copay</b>  | 100%   | Limited to a 30 or 90 day supply-participating pharmacies only   |
|  | Brand Name Drugs  | Retail – 20% of prescription cost<br><b>copay</b> + difference between generic and brand cost if generic is available. | 100%   | Limited to a 30 or 90 day supply-participating pharmacies only   |
| <b>If you have outpatient surgery</b>  | Facility fee (e.g., ambulatory surgery center)                            | 20% <b>coinsurance</b>   | 40% <b>coinsurance</b>                           |  |
|  | <b>Physician</b> /surgeon fees/In Physician Office<br>Other               | \$25 <b>copay</b><br>20% <b>coinsurance</b>  | 40% <b>coinsurance</b><br>40% <b>coinsurance</b> | <b>PPO Physician Office</b> – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after <b>deductible</b> |
| <b>If you need immediate medical attention</b>   | Emergency room services<br>Emergency Situation<br>Non-Emergency Situation | 20% <b>coinsurance</b><br>50% <b>coinsurance</b>   | 20% <b>coinsurance</b><br>50% <b>coinsurance</b> |  |
|  | Emergency medical transportation  | 20% <b>coinsurance</b>   | 40% <b>coinsurance</b>                           |  |
|  | <b>Urgent care</b>  | \$25 <b>copay</b>  | 40% <b>coinsurance</b>                           | <b>PPO Physician Office</b> – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after <b>deductible</b> |
| <b>If you have a hospital stay</b>   | Facility fee (e.g., hospital room)  | 20% <b>coinsurance</b>   | 40% <b>coinsurance</b>                           | Precertification required.   |
|  | <b>Physician</b> /surgeon fee   | 20% <b>coinsurance</b>   | 40% <b>coinsurance</b>                           |  |

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|--|---|---|---|--|
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services<br>Physician office visit<br>Other | \$25 copay<br>20% coinsurance               | 40% coinsurance<br>40% coinsurance              | <b>PPO</b> Physician – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after deductible |
|  | Mental/Behavioral health inpatient services                                     | 20% coinsurance                             | 40% coinsurance                                 | Precertification required for acute admissions.  |
|  | Substance use disorder outpatient services<br>Physician office visit<br>Other   | \$25 copay<br>20% coinsurance               | 40% coinsurance<br>40% coinsurance              | <b>PPO</b> Physician – Limited to \$200 per date of service – amounts in excess of \$200, you pay 20% after deductible |
|  | Substance use disorder inpatient services                                       | 20% coinsurance                             | 40% coinsurance                                 | Precertification required for acute admissions.  |
| If you are pregnant  | Prenatal and postnatal care<br>Physician  | \$25 copay                                  | 40% coinsurance                                 |  |
|  | Delivery and all inpatient services   | 20% coinsurance                             | 40% coinsurance                                 |  |
| If you need help recovering or have other special health needs         | Home health care  | 20% coinsurance                             | 40% coinsurance                                 | Limited to 120 visits per calendar year  |
|  | Rehabilitation services<br>Chemotherapy/Radiation Therapy<br>Other Therapies    | 20% coinsurance                             | 40% coinsurance                                 |  |
|  | Habilitation services   | 20% coinsurance                             | 40% coinsurance                                 | Covers up to 120 days per calendar year in extended care facility  |
|  | Skilled nursing care and Private Duty Nursing                                   | 20% coinsurance                             | 40% coinsurance                                 | Limited to 90 outpatient visits per calendar year for each.  |
|  | Durable medical equipment   | 20% coinsurance                             | 40% coinsurance                                 |  |
|  | Hospice service   | 20% coinsurance                             | 40% coinsurance                                 | Limited to 30 inpatient days per calendar year   |

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|  |                 |             |             |   |
|--|-----------------|-------------|-------------|---|
| If your child needs dental or eye care | Eye exam        | Not Covered | Not Covered | Vision screenings covered under preventive care |
|  | Glasses         | Not Covered | Not Covered |   |
|  | Dental check-up | Not Covered | Not Covered |   |

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric Surgery
- Cochlear Implants
- Cosmetic Surgery
- Infertility
- Long Term Care
- Refractive Eye Surgery
- Weight Loss Programs (except as treatment of Morbid Obesity)

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Dependent Child Pregnancy
- Medically Necessary Treatment of Sleep Disorder
- Some Routine Foot Care

## Your Rights to Continue Coverage:

If you lose coverage under the plan, depending on the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the **plan**. Other limitations on your rights to continue coverage may also apply.

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For more information on your rights to continue coverage, contact the plan at 1-270-852-3110. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: ARC Administrators, 877-309-2955, the Department of Labor, Employee Benefit Security Administration at 1-866-444-EBSA or [www.dol.ebsa/healthreform](http://www.dol.ebsa/healthreform).

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services: 1-888-650-4047

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助，請聯絡您的銷售代表或小組管理員。如果您已參保，則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwoł únizinigo t'áá diné k'éjígoo, t'áá shoodí ba na'ałníhí ya sidáhí bich'í naabídíłkiid. Eí doo biigha daago ni ba'nija'go ho'aalagú bich'í hodiilní. Hai'daał iini'taago eíya, t'áá shoodí diné ya atáh halne'ígú ní béesh bee hane'í wólta' bi'ki si'núligú bi'kéhgo bich'í hodiilní.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this **plan**. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,760
- Patient pays \$2,780

#### Sample care costs:

|                            |                |
|----------------------------|----------------|
| Hospital charges (mother)  | \$2,700        |
| Routine obstetric care     | \$2,100        |
| Hospital charges (baby)    | \$900          |
| Anesthesia                 | \$900          |
| Laboratory tests           | \$500          |
| Prescriptions              | \$200          |
| Radiology                  | \$200          |
| Vaccines, other preventive | \$40           |
| <b>Total</b>               | <b>\$7,540</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$1,600        |
| Copays               | \$40           |
| Coinsurance          | \$1,140        |
| Limits or exclusions | \$0            |
| <b>Total</b>         | <b>\$2,780</b> |

#### Note:

- Assumes **PPO Providers**
- Assumes all charges are for the mother except routine nursery, vaccines and other preventive
- Assumes 5 generic prescriptions

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,500
- Patient pays \$1,900

#### Sample care costs:

|                                |                |
|--------------------------------|----------------|
| Prescriptions                  | \$2,900        |
| Medical Equipment and Supplies | \$1,300        |
| Office Visits and Procedures   | \$700          |
| Education                      | \$300          |
| Laboratory tests               | \$100          |
| Vaccines, other preventive     | \$100          |
| <b>Total</b>                   | <b>\$5,400</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$800          |
| Copays               | \$680          |
| Coinsurance          | \$120          |
| Limits or exclusions | \$300          |
| <b>Total</b>         | <b>\$1,900</b> |

#### Note:

- Assumes **PPO Providers**
- Assumes 12 generic prescriptions
- Assumes 2 **PCP** and 2 **specialist** physician office visits

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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