

**Sample Four-Year Plan for B.S. in Exercise Science
Exercise Science Emphasis**

First Year	
<u>Fall Semester:</u> CL 101 ENGL 100 or ENGL 101 General Education Course General Education Course General Education Course KW 101	<u>Spring Semester:</u> ENGL 102 EXSC 101 General Education Course General Education Course PE 200

Second Year	
<u>Fall Semester:</u> BIO 223 General Education Course General Education Course General Education Course PSY 201	<u>Spring Semester:</u> CHEM 230 Elective EXSC 217 EXSC 301 General Education Course PEH 215

Third Year	
<u>Fall Semester:</u> Elective Elective (EXSC, PE or PEH) EXSC 309 EXSC 323 PE 310	<u>Spring Semester:</u> Elective Elective EXSC 302 EXSC 305 EXSC 306 EXSC 360

Fourth Year	
<u>Fall Semester:</u> Elective (EXSC, PE or PEH) EXSC 370 EXSC 403 EXSC 430 PEH 435	<u>Spring Semester:</u> Elective EXSC 404 EXSC 410 EXSC 440 PE 308

*At least one course taken above must be multi-cultural or a separate multi-cultural course is required.

**Sample Three-Year Plan for B.S. in Exercise Science
Exercise Science Emphasis**

First Year		
<u>Fall Semester:</u> ENGL 100 or ENGL 101 EXSC 101 General Education Course General Education Course KW 101	<u>Spring Semester:</u> CHEM 230 CL 101 Elective ENGL 100 or ENGL 101 PE 200 PEH 215	<u>Summer Semester:</u> General Education Course General Education Course General Education Course General Education Course

Second Year		
<u>Fall Semester:</u> BIO 223 Elective EXSC 217 EXSC 301 EXSC 323 PSY 201	<u>Spring Semester:</u> Elective Elective (EXSC, PE or PEH) EXSC 306 EXSC 360 EXSC 403 PE 308	<u>Summer Semester:</u> General Education Course General Education Course General Education Course General Education Course

Third Year	
<u>Fall Semester:</u> Elective Elective Elective (upper-level EXSC, PE or PEH) EXSC 370 EXSC 430 PE 310	<u>Spring Semester:</u> EXSC 305 EXSC 309 EXSC 404 EXSC 410 EXSC 440

*At least one course taken above must be multi-cultural or a separate multi-cultural course is required.

**Sample Four-Year Plan for B.S. in Exercise Science
Health and Fitness Leadership Emphasis**

First Year	
<u>Fall Semester:</u> CL 101 ENGL 100 or ENGL 101 General Education Course General Education Course General Education Course KW 101	<u>Spring Semester:</u> ENGL 102 EXSC 101 General Education Course General Education Course General Education Course
Second Year	
<u>Fall Semester:</u> BIO 223 Elective General Education Course General Education Course General Education Course	<u>Spring Semester:</u> EXSC 217 General Education Course PE 200 PEH 215 PSY 201
Third Year	
<u>Fall Semester:</u> Elective Elective Elective (EXSC, PE or PEH) EXSC 323 PE 310	<u>Spring Semester:</u> Elective Elective Elective (EXSC, PE or PEH) EXSC 302 EXSC 306 EXSC 360
Fourth Year	
<u>Fall Semester:</u> Elective EXSC 310 EXSC 370 EXSC 403 EXSC 440 PE 310	<u>Spring Semester:</u> Elective EXSC 404 EXSC 410 EXSC 440 PE 308

*At least one course taken above must be multi-cultural or a separate multi-cultural course is required.

**Sample Three-Year Plan for B.S. in Exercise Science
Health and Fitness Leadership Emphasis**

First Year		
<u>Fall Semester:</u> ENGL 100 or ENGL 101 EXSC 101 General Education Course General Education Course KW 101	<u>Spring Semester:</u> CL 101 Elective Elective ENGL 102 PE 200 PEH 215	<u>Summer Semester:</u> General Education Course General Education Course General Education Course General Education Course

Second Year		
<u>Fall Semester:</u> BIO 223 EXSC 217 EXSC 301 EXSC 323 PSY 201	<u>Spring Semester:</u> Elective Elective (EXSC, PE or PEH) EXSC 306 EXSC 360 EXSC 403 PE 308	<u>Summer Semester:</u> General Education Course General Education Course General Education Course General Education Course

Third Year	
<u>Fall Semester:</u> Elective Elective (upper-level EXSC, PE or PEH) EXSC 370 EXSC 430 PE 310	<u>Spring Semester:</u> Elective (EXSC, PE or PEH) EXSC 305 EXSC 309 EXSC 410 EXSC 440

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